

Services Supporting Cardinia Shire

Alcohol and Drugs

Taskforce 9532 0811

Children's Services

Communities for Children 0457 825 076

Culturally & Linguistically Diverse

Southern Migrant and Refugee Centre 9767 1900

Carer Support

Alfred Health Carer Services 1800 512 121

Community Health

Monash Health 1300 342 273

Counselling

Windermere 1300 946 337

Disability

Irabina Autism Services 9720 1118

SCOPE 1300 472 673

Education

Uniting School Attendance Support 5945 3900

Family support

Uniting 5945 3900

Family Violence

1800 RESPECT 1800 737 732

Food

Salvation Army 5941 4906

Gambling

Gamblers Health Southern 1800 858 858

Housing & Homelessness

WAYSS 9703 0044

Legal advice & support

Peninsula Community Legal Center 1800 064 784

Mental Health

ERMHA 1300 376 421

MIND Australia 1300 286 463

Parent/ family support

Anglicare ParentZone Hub 9781 6767

CatholicCare 1800 522 076

Kooweerup Regional Health Service 5997 9679

Sexual Assault

SE Centre Against Sexual Assault and Family Violence 1800 806 292

Youth

Kids Helpline 1800 551 800

Youth Support Program 1800 4 YOUTH

Call these services to find the group, program or service most suited to you.